

Appendix A: The Social Solvency Worksheet

Document Ref: SSI-DIAG-001

Objective: To calculate your current "Social Net Worth" and identify systemic vulnerabilities.

Part 1: The 2:00 AM Audit (Liquidity Test)

Imagine it is 2:00 AM on a Tuesday. You are 100km from home, your car is totalled, your phone is at 2%, and you have a minor injury.

1. **List the names of men (non-family)** you could call who would pick up on the second ring and leave their house immediately to get you:
 - _____
 - _____
 - _____
 2. **The Result: * 3+ Names: Solvent.**
 - 1-2 Names: At Risk (Single-point-of-failure).**
 - 0 Names: Bankrupt.**
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Part 2: The Infrastructure Audit (Utility Mapping)

Evaluate your current network based on **Utility** rather than "Likability." Assign a score of 1–10 for each category (1 = No one to call; 10 = A Tier 1 expert is available).

Asset Category	Potential Node (Name)	Utility Score (1-10)
Mechanical/Hardware: (Tools, car help, DIY)		
Tactical/Strategic: (Career advice, business leads)		
Physical/Security: (Training partner, home defense)		
Crisis/Mental: (High-stress venting, hard truths)		
TOTAL SCORE		/ 40

Diagnostic: If your total score is below **25**, your "Systemic Resilience" is low. You are over-relying on paid services (mechanics, therapists, contractors) for things a pack should provide.

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Part 3: The "Noise" Pollution Check (Bandwidth Leakage)

Where is your social energy actually going?

1. **Active Group Chats:** How many are you in? _____
 2. **The Signal Ratio:** Out of those chats, how many have provided tangible, real-world utility in the last 30 days? _____
 3. **Social Media "Nodes":** How many people do you "interact" with online but haven't stood **Shoulder-to-Shoulder** with in 12 months? _____
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Part 4: Identifying the "Legacy Liabilities"

List three people in your current "Inner Circle" who occupy space but provide zero utility or, worse, create "System Load" (drama, negativity, constant taking).

1. _____ (Action: Decommission to Tier 3)
 2. _____ (Action: Decommission to Tier 3)
 3. _____ (Action: Decommission to Tier 3)
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Part 5: Final Solvency Calculation

- **A. Number of Tier 1 Allies:** _____ (x 10 points) = _____
- **B. Number of Active Builds (Last 90 days):** _____ (x 5 points) = _____
- **C. Number of "Legacy Liabilities":** _____ (minus 10 points each) = - _____

GRAND TOTAL: _____

The Verdict:

- **50+ Points: Sovereign.** You have a functioning pack. Maintain the frequency.
 - **20–49 Points: Stable.** You have nodes, but no infrastructure. Start Chapter 4.
 - **0–19 Points: Insolvent.** You are a solo operator in a high-risk environment. Start the Protocol immediately.
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Your First Directive

Identify the **highest-signal prospect** from Part 2. Within the next 24 hours, you are to initiate a **Reciprocity Loop** (Chapter 10) by offering them a piece of utility or proposing a small **Shoulder-to-Shoulder** task.